



How to Use Fluorouracil (5FU) Cream

It is best to apply 5FU cream once at night before bed. A typical course of 5FU cream is 2-4 weeks. The provider will ask that you make a follow-up appointment to recheck the area 2 weeks into your course. This is to ensure an appropriate reaction is occurring.

1. Clean the area where you will apply 5FU cream with water. Rinse well, dry the area with a towel, and wait ten minutes before application of 5FU cream.
2. Apply 5FU cream as directed, using your fingertips. Only a small amount is necessary, just enough to cover the affected skin.
3. Avoid contact with your eyes, nostrils, and mouth.
4. Wash your hands as soon as you finish applying 5FU cream to your skin.
5. Wash off in the morning with water or gentle cleanser and apply moisturizer and/or sunscreen. If the area is itching or tight-feeling, a thicker moisturizer like Aquaphor or Vaseline may be soothing.
6. Sunlight may increase your side effects. When exposed to sunlight, wear a wide-brimmed hat and use a zinc based sunscreen with SPF of at least 30.