



### Microneedling Post-Procedure Instructions & Precautions

- Immediately after your treatment, you may look as though you have a moderate to severe sunburn. Your skin may feel warm & tighter than usual or may be slightly swollen. All of this is normal & should subside after 1-2 hours & will normally diminish within the same day or 24 hours. You may see slight redness after 24 hours but only in minimal areas or spots.
- If you are concerned about any reaction, please call our office immediately at (720) 738-7770.
- DO NOT go swimming for at least 24 hours post-treatment.
- ONLY use the SkinFuse Lift Serum or B5 Gel for the first 24 hours as needed and wash with warm water.
- DO NOT use any other skincare products during the first 24 hours.
- After 24 hours you may begin to wash with a gentle cleanser. You may also apply moisturizer and a zinc based SPF every morning. Reapply SPF if outdoors.
- Makeup may be applied 48 hours following treatment, once the channels have closed.
- Avoid sweaty exercise, strenuous activity, & sun exposure for 3 days after treatment.
- After one week, you can begin using a retinoid product once a week and slowly increase to nightly use